

CODE: _____

NAME: _____

AGE: _____ years CLASS: _____

GENDER: MALE FEMALE

HEIGHT: _____ WEIGHT: _____

BLOOD PRESSURE: _____



*Shri Somnath Bharti
MLA Malviya Nagar
Founder-
Bridging the Gap
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Clinical Finding	Details

SIGN: _____



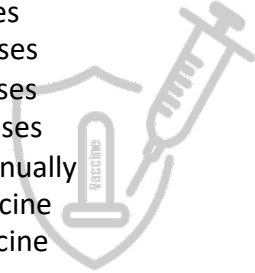
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Vaccines that can be administered in preteens and teens:

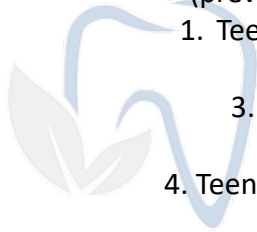
1. Chickenpox - 2 doses
2. Covid 19 - 2 doses
3. Hepatitis A - 2 doses
4. Hepatitis B – 3 doses
5. HPV vaccine - 2 doses
6. Influenza vaccine- annually
7. Meningococcal vaccine
8. Pneumococcal vaccine
9. Tdap/Td vaccine
10. MMR vaccine



Maintaining Good Dental Health

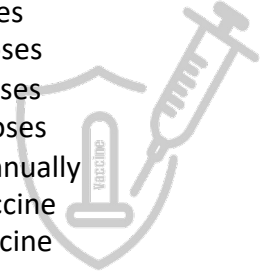
(preventing tooth decay and gum disease):

1. Teenagers should brush teeth twice a day
2. Avoid sugary foods and drink
3. Smoking, alcohol and other drugs can affect oral health
4. Teenagers should have regular dental check-ups, usually every 6-12 months.



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